

Chapter 44 Advancing Efforts to Build a Healthy China across the Board

Making it a strategic priority to safeguard people's health and following the principle of putting prevention first, we will steadily advance the Healthy China initiative, improve policies that promote the health of our citizens, strengthen the nationwide net for protecting public health, and provide comprehensive health services covering all stages of life.

Section 1 Developing a Strong Public Health System

We will reform the system for disease prevention and control, and strengthen measures including disease monitoring and early warning, risk assessments, epidemiological investigations, testing and inspection, and emergency response. We will establish a stable public health investment mechanism, improve basic infrastructure for disease control, and strengthen the public health system at the community level. We will ensure that medical institutions fulfill their public health responsibilities, and develop new mechanisms for enhancing collaboration between disease control agencies and hospitals. We will improve monitoring, early warning, and response mechanisms for public health emergencies, step up development of our laboratory testing network, upgrade systems underlying medical treatment, scientific and technological support, and the provision of supplies, and increase our ability to respond to public health emergencies. We will form a multi-tiered network for treating infectious diseases and develop a unified national reserve system of supplies for public health emergencies. In large

public facilities, preparations will be made so that equipment for epidemic control can be easily installed and dismantled according to current needs. Rigorous anti-epidemic measures will be taken at ports of entry. We will further develop schools focused on public health, and boost the training of personnel in this field. We will improve public health service programs, expand the national immunization plan, and promote prevention, early screening, and comprehensive intervention with regard to chronic diseases. The system of services for mental and psychological health will also be improved.

Section 2

Deepening Reform of the Medical and Healthcare System

On the basis of ensuring that basic medical and health services serve the public interest and with the focus on improving the quality and efficiency of medical services, we will increase the supply of medical services and resources with public medical institutions as the mainstay and private medical institutions as a supplement. We will strengthen public hospitals, move faster to establish a modern hospital management system, and move forward with reform in governance structures, personnel and remuneration management, staffing administration, and performance evaluation. We will accelerate efforts to expand high-quality medical resources, ensure a balanced regional distribution of these resources, and set up national medical centers and regional healthcare centers. We will step up training of community-level medical and healthcare personnel, and refine medical service networks in both urban and rural areas with a focus on urban and rural communities, border and port cities, and county-level hospitals. We will expedite the development of a tiered diagnosis and treatment system, and actively develop partnerships between medical institutions. We will see that stronger linkages are established between prevention, treatment,

nursing, and rehabilitation. We will advance reforms for centralized management over bulk procurement and use of drugs and consumables, and develop high-end medical equipment. We will promote improvement and innovation in the fast-track evaluation and approval system for drugs, vaccines, and medical appliances, accelerate the evaluation and approval of drugs and medical appliances for which there is an urgent clinical need or that are used in the treatment of rare diseases, and see that new drugs and medical appliances that are already available overseas and urgently needed by Chinese patients come onto the domestic market as quickly as possible. We will train more and train better medical workers, increase the number of physicians that are in short supply like general practitioners and pediatricians, and raise the number of registered nurses to 3.8 per 1,000 people. We will implement a system of regional licensing for physicians, encouraging them to work at more than one institution. We will steadily expand the coverage of contracted family doctor services in both urban and rural areas, and improve the quality of these services. We will support private investment in the medical sector, and encourage experienced and qualified practitioners to run private clinics.

Section 3

Improving the Medical Insurance System Covering the Entire Population

We will improve mechanisms for stable and sustainable financing and adjusting benefits for basic medical insurance, refine the policy of paying premiums for coverage, and implement a list-based system of medical insurance benefits. We will ensure unified management of basic medical insurance at the municipal level, and make progress with putting provincial-level unified management in place. We will improve the mutual aid mechanism for outpatient medical costs under basic medical insurance,

and refine medical insurance and financial support for major diseases. The mechanism for dynamically adjusting the medical reimbursement list will be improved. We will implement a diversified model for health insurance payouts centered on category-based payment. Eligible online medical services will be brought under insurance coverage, while medical expenses incurred away from home will be settled on the spot. We will take solid steps to make medical insurance more standardized and IT-based, and raise the level of service provided by medical insurance agencies. We will improve oversight mechanisms for medical insurance funds. We will make steady efforts to build an insurance system for long-term care, and vigorously develop commercial medical insurance.

Section 4

Promoting Efforts to Preserve and Innovate Traditional Chinese Medicine

We will vigorously develop Traditional Chinese Medicine (TCM) while laying equal emphasis on Chinese and Western medicine and allowing their strengths to complement each other. We will improve the system of TCM services, and give play to the discipline's distinct advantages in disease prevention, treatment, and rehabilitation. We will augment integration of Chinese and Western medical approaches, and spur the development of the medical traditions of ethnic minorities. We will strengthen efforts to sort through classic writings on TCM and extract the best of the knowledge that they have to offer, establish a platform for supporting TCM with science and technology, reform and improve TCM evaluation and approval mechanisms, and promote the development and protection of new Chinese medicines as well as the growth of the TCM industry. We will step up supervision over the quality of Chinese medicines to spur improvement in this regard. We will bolster efforts to cultivate special talent in TCM, take stronger steps to

preserve the discipline and develop it through innovation, and promote its popularization around the world.

Section 5 Turning China into a Country Strong on Sports

We will carry out extensive public fitness activities to improve people's physical health. We will shift the focus to maintaining health through regular activity, and further integrate sports with education, health care, and tourism. We will improve the public fitness services system, promote the construction of public sports facilities, and encourage schools to open their facilities to the public. We will expand the coverage of accessible areas for physical activity such as walking paths, develop sports parks in line with local needs, and support the construction of public sports facilities on floodplains under the condition that this does not present a flood safety issue. We will ensure that students have enough time for physical education and extra-curricular exercise, and conduct monitoring and intervention with regard to the physical health of the public, focusing on young people in particular. Placing equal emphasis on training and education, we will step up efforts to foster reserve athletes for competitive sports, raise the level of competition in key sports events, and consolidate the strengths of traditional sports. We will explore a uniquely Chinese path to the development of soccer, basketball, and volleyball, steadily advance the development of winter sports, and develop professional sports competitions with global reach. We will expand sports consumption and develop sports industries geared toward fitness, recreation, and outdoor activities. Effective preparations will be made for events including the 2022 Winter Olympic and Paralympic Games in Beijing and the Asian Games in Hangzhou.

Section 6

Carrying Out Extensive Patriotic Health Campaigns

We will expand upon public health work, and encourage everyone to lead a socially conscious and healthy lifestyle. We will strengthen the development of environmental infrastructure for public health, improve environmental sanitation in urban and rural areas, and intensify efforts to prevent and control vectors of disease by biological means. We will step up efforts to improve sanitation in cities and towns. We will intensify initiatives to educate people about health and make health-related knowledge available to everyone. We will foster good dietary habits, curb food wastage, launch restrictions on tobacco and alcohol, resolutely eradicate undesirable customs such as consuming wild animals, and promote everyday habits such as eating individual portions, using serving utensils, and sorting garbage.

Box 17	
Programs to Ensure Public Health	
01 Disease prevention and control	<ul style="list-style-type: none">▪ Launch the second-phase project of the Chinese Center for Disease Control and Prevention;▪ Construct approximately 15 regional centers for public health based on existing disease control and prevention institutions;▪ Implement upgrades to roughly 20 national centers for the prevention, control, and treatment of major infectious diseases and around 20 national emergency medical centers.
02 National medical centers	<ul style="list-style-type: none">▪ Step up the construction of national medical centers specializing in cardiovascular diseases, respiratory medicine, tumors, trauma, and pediatric medicine;▪ Develop a number of high-level medical centers and centers for advancing and applying medical innovations that are focused on major categories of diseases, play a leading role at home, and exert global influence.
03 Regional medical centers	<ul style="list-style-type: none">▪ Support high-level medical institutions in constructing a number of regional medical centers in provinces where medical resources are lacking and many residents travel elsewhere to access medical services;▪ Complete the construction of regional medical centers in Hebei, Henan, Shanxi, Liaoning, Anhui, Fujian, Yunnan, and Xinjiang.

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Box 17 Programs to Ensure Public Health	
04 County-level hospitals	<ul style="list-style-type: none"> ▪ Push provinces and cities to support the development of county-level hospitals with high-quality medical resources; ▪ Strive to increase the number of county-level hospitals (including TCM hospitals) meeting tier three standards for facilities and services by 500.
05 Development of TCM	<ul style="list-style-type: none"> ▪ Develop approximately 20 national centers for the preservation and innovation of TCM, 20 flagship hospitals integrating Chinese and Western medicine, 20 TCM epidemic prevention and treatment centers, 100 key hospitals specialized in Chinese medicine, and a number of specialty branches bringing the strengths of TCM to bear.
06 Public fitness facilities	<ul style="list-style-type: none"> ▪ Construct, renovate, or expand roughly 1,000 sports parks, and build supporting public infrastructure for fitness, recreation, and outdoor activities; ▪ Promote the development of soccer fields and walking paths open to the public.